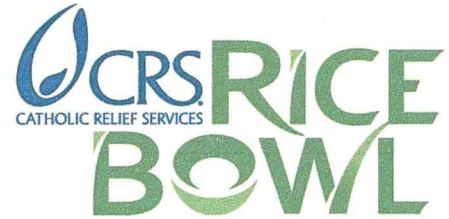


# encounter

## Lent

Encounter ourselves.  
Encounter our neighbors.  
Encounter our God.



*“The Good News is no mere matter of words ... It is about leaving ourselves behind and encountering others.” —Pope Francis*

This Lent our community will participate in CRS Rice Bowl, a faith-in-action program that invites us to encounter anew ourselves, our neighbors and our God. As we, the global Church, prepare for this holy season of Lent, it is especially appropriate to come together in prayer as a family, reflecting on the role we each have to play in building up God’s one human family.

Please consider these suggestions in shaping your own family’s Lenten plan:

- Use your CRS Rice Bowl and Lenten Calendar daily to guide your Lenten prayer, fasting and almsgiving.
- As a family, read the Stories of Hope and daily reflections to inspire your Lenten journey—and guide your Lenten almsgiving.
- Prepare simple meatless meals on Fridays throughout Lent, in solidarity with our brothers and sisters around the world.

Be sure to visit [crsricebowl.org](http://crsricebowl.org) to watch videos of the people and communities your Lenten gifts are changing through CRS Rice Bowl. We will be collecting your CRS Rice Bowls at the end of Lent, so stay tuned to learn more.

Thank you for participating in CRS Rice Bowl with your family this Lent.

Sincerely,

*Father Gee*

*P.S. Did you know that CRS Rice Bowl has a free Lenten app? Download it for iPhone or Android devices and get daily Lenten reflections right on your phone.*

CRS Rice Bowl is sponsored by Catholic Relief Services, the official international humanitarian agency of the Catholic community in the United States. CRS is motivated by the example of Jesus Christ to assist poor and suffering people in more than 100 countries on the basis of need, without regard to race, religion or nationality.

[crsricebowl.org](http://crsricebowl.org)  
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